

POSITIVE OPTIONS

JANUARY 2026

WEEK 1

A PRAYER SEEKING GOD'S HELP TO GUARD THE WAY, SHEPHERD THE HEART

Above all else, guard your heart, for everything you do flows from it. – Proverbs 4:23

Prayer: Gracious God, as we walk step by step in your direction, guard the way you have set before us while also protecting and guiding the spiritual journey of those we serve and those who serve with us. Amen

WEEK 2

A PRAYER FOR TRUE GOSPEL HOPE

Comfort, comfort my people, says your God. Speak tenderly to Jerusalem, and proclaim to her that her hard service has been completed... – Isaiah 40:1-2

Prayer: Heavenly Father, these words from the prophet Isaiah are a timeless reminder that our true gospel Hope during times of hardship and plenty is anchored in the truth and promises of your perfect Word. Amen

WEEK 3

A PRAYER FOR THE SANCTITY OF HUMAN LIFE

In the beginning God created.... – Genesis 1

Prayer: Lord Jesus, as we honor the Sanctity of Human Life in January, we reflect on the truth that every life is sacred – created in the image of God, with a heart to be guarded and a path to be shepherded. That Imago Dei principle found in the opening account of your creation also reminds us that you alone are the author and perfector of life. Amen.

WEEK 4

A PRAYER FOR THE REFRESHING PEACE OF GOD'S PRESENCE

How abundant are the good things that you have stored up for those who fear you, that you bestow in the sight of all, on those who take refuge in you. In the shelter of your presence you hide them from all human intrigues; you keep them safe in your dwelling from accusing tongues. – Psalm 30:19-20

Prayer: Faithful Lord, thank you for being our constant companion. You alone are our burden-bearer and, through your presence, teach us to bask in your peace as you go before us to open up the way. Amen.

Human life is sacred –
from the first moment
to the last.

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31